

<i>Support Group Name</i>	<i>Location</i>	<i>Contact or Meeting Time</i>
<p>NAMI (National Alliance for the Mentally Ill) AFFILIATES: Sauk County</p> <p>Crisis line: 1800-533-5692</p>	<p>PO Box 371 Baraboo, WI 53913 Sauk Cty Human Services 425 6th St. Reedsburg</p>	<p>Fred Enfield, President 1st Wed. of Mon. @ Sauk Cty Human Services 6:30pm 608/768-5375 fredandbevenfield@verizon.net</p>
<p>Mid-Central Adams, Columbia, Juneau, Marquette, Green Lake County</p>	<p>PO Box 158 Westfield, WI 53964 Meets at Necedah Family Medical Center, 1408 Wheelihan Ave. Westfield</p>	<p>JoAnn Stephens, President 608/296-3373 4th Monday/ month 3:30-5pm Lisa @608/548-6380 Bonnie @608/339-3730</p>
<p>Columbia County</p>	<p>Portage Public Library 253 West Edge Water St.</p>	<p>1st Wed. of Mon. Samantha@608/566-1153 thompson62984@yahoo.com Loretta@ 608/742-4396 Red4You@verizon.net</p>
<p>Alzheimers and Dementia Association of Wisconsin</p> <p><i>*Call or check website May be subject to change</i></p> <p><i>www.alz.org.scwisc</i></p> <p>Toll free: 1-800-308-6251</p>	<p>Columbia/Sauk Regional Office 2825 Hunter's Trail Portage</p> <p>Reedsburg Area Senior Life Center 2350 North Dewey, Reedsburg</p> <p>Adams County</p> <p>St. Vincent de Paul Community Resource Center-1906 North St. Prairie du Sac</p> <p>Baraboo Caregivers (All issues) West Square Building 505 Broadway, Baraboo Columbia Co</p>	<p>Carol Olsen, Outreach Specialist @ 608-742-9055 or 608/963-2688</p> <p>3rd Wed. 1:30 pm Carol Olson @ 742-9055 or 963-2688 Carol.olsen@alz.wisc.org</p> <p>Dept. of Aging, Carol Johnson @ 608/ 339-4251 During business hrs.</p> <p>2nd Tues. 3:30-5 pm Joan Mack @644-0504 ext. 12</p> <p>Mary Jane @ 355-3289</p>

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Aging and Disability Resource Centers	Columbia County Sauk County	Lori @ 742-9233 or 742-9210 Mary Jane @ 355-3289
Arthritis Support Group	Call for meeting	Al Zipsie @356-3785
Multiple Sclerosis Support Groups	Sauk Co.West Square Bldg, Divine Savior Hospital	Second Tues./month 7-9 pm Kristin Harding @ 608/963-9312 Karen @ 608/697-3814 3rd Sat. 10:00-Noon
Cancer Support Groups	American Cancer Society United Methodist Church, Portage- 1804 New Pinery Rd.	Toll free: 1-800-227-2345 Bev @742-2281, cell:697-7548 3rd Monday 7pm
Breast Cancer Support Group "Bosom Buddies" 2 locations	St. Clare Hospital, Baraboo Sauk Prairie Hospital Devil's Lake Room	2nd Monday, 7-9pm Pam Schreiner @ 608/ 279-2908 4th Wed. 7-9pm Pam Schreiner @ 608/279-2908
Growing Through Grief	1st United Meth.Church, Baraboo	Offered 3x annually, For dates call Kathy @ 356-3991
Grief Support Group	Divine Savior Hospital Chapel	Tues. 3:30-4:30pm call Lavonne @608/745-5121
Grief Support Group (5 week program)	Reedsburg Area Medical Center	Tami @ 608/768-6249 Check website for dates
Enduring Loss Together (Child)	Divine Savior Hospital	Daycia @ 608/745-5114 3rd Mon. 6:30 pm
Pregnancy and Infant Loss	St. Clare Hospital	Call Lois @ 356-1520 (Individual support)

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Diabetes Support Groups:	<p>St. Clare Hospital</p> <p>Walnut Hill Bible Church, Baraboo</p> <p>Divine Savior Hospital</p> <p>Prairie Clinic, Sauk City 112 Helen St. Second floor waiting room</p>	<p>Melanie @ 356-1510 Adult group: 1st Thurs. 6:30p Ringling Room</p> <p>Parent/Child group: 3rd Thurs. 6:30pm Melanie @356-1510</p> <p>Kelly @ 608/745-5123 2nd Mon. 4pm April-Oct. 1:30pm Nov.-Mar.</p> <p>Carlene @608/643-3351 3rd Tues.6-7pm (No meetings in Dec./Jan.)</p>
Parkinson's Support Group	1 st Congreg. UCC-Baraboo 131 6 th Ave.	3 rd Monday 2-4pm Geri @ 356-3473 Sylvia @355-3278 or 356-7096
Domestic Abuse Support Group	Hope House-Baraboo Business Office: 925 Lake St. Helpline	Tuesdays 6:00-7:30 pm 356-7500 (Crisis line: 356-7500;1-800-584-5692) Business Office: 608/356-9123
Stroke Support Group	Fusch Community Center-behind Reedsburg Area Medical Center	2 nd Tuesday Tami @768-6249 1:30-3pm March-Nov.
Breastfeeding Support Groups: Lactation Support	Divine Savior-Portage Classroom C	Kathy @ 745-5696 1 st Monday 10:30-12 noon
Breast feeding Consultants	Lake Delton Integrative Medicine Clinic (254-5400)	2 nd Tues. 10:00am Wendi @ 608/493-9994
	St. Clare Hospital	Wendi @356-1523
Mothers of Preschoolers	St. Paul's Lutheran Church 727 8 th St. Baraboo	1 st & 3 rd Thurs. 9:00-11am Collette @ 355-0366 Autumn @ 356-9515
Support Group (MOPS)	Walnut Hill Church, Baraboo	Heather @393-9720 1 st and 3 rd Thurs. Sept.-May

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Huntington's Support Group	Attic Angels 8301 Old Sauk Rd., Middleton	Jean @ 1-877-330-2699 Call for schedule
Coalition for the Homeless-Helpline	Sauk County	Linda @ 1-888-472-8526 or 608/356-2086
	St. Vincent dePaul-Baraboo	Tom Kolb @ 356-4649 until noon,
	St. Vincent dePaul-Prairie du Sac	Rosie @ 644-0504 ext. 10 (Help with rent or utility)
	Wisconsin Dells/Lake Delton	Chris or Virginia @ 254-4011 ext.1 (Tuesdays/Thursdays) Appointments from 12 to 3pm
Homeless Shelters	Reedsburg-Ozanam House Women and Children 139 S. Webb	Bonnie @ 608/768-0040 608/524-7714 (St. Vincent de Paul)
	Portage--River Haven	Laurie @608/742-7687 Mon.-Fri.
Rental Assistance	Community Action—Portage	Wendy @ 742-3320
Sauk County Birth to Three Intervention program and Autism Svcs	Sauk County Human Services-- Access	Mon.-Fri. 8am-4:30 pm 355-4200
SIDS Risk info and training	Coordinated Child Care Inc. (4-C) Madison	Penny @ 608/271-9181 www.4-C.org for list of support groups
Cerebral Palsy Support Group	UPC-Madison	Barbara@ 246-6100
Parkinsons Support Group	Asbury United Methodist Church 6101 University Ave., Madison	Jessica @ UW-Health 608/229-7628 3 rd Thur. of Mon. 7-9pm

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Aging and Disability Resource Centers Sauk County Resource Guide Columbia County Resources	Columbia County Family Resource Center-Portage Sauk County-Baraboo	Lori @ 742-9233 or 742-9210 Crisis line for Elder Abuse: 1-888-742-9233 Trish or Lisa @ 355-3289 www.rsd.k12.wi.us/saukcountyresourceguide08.cfm http://www.co.columbia.wi.us/ColumbiaCounty/hhs/HealthHumanServiceHomePage
Dean Health System Support Groups Wisconsin Quit Smoking Hotline Freedom From Smoking American Lung Assn	Madison area Portage Online	www.deancare.com/dhs/support_groups/ 1-800-Quit-Now (1-800-784-8669) www.ctri.wisc.edu/Home/Quit.Line.Home.html Sue Dreyer @ 608/742-1453 Cost \$50 + materials (\$25) http://www.ffsonline.org/

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AA Meeting	Baraboo Civic Center	Mon. Wed. Thurs. and Fri. 8pm Thursdays 7pm	
Narcotics Anonymous groups	Trinity Episcopal Church, Baraboo 117 ½ E. Cook St., Portage In the basement of Rhyme's	Tuesdays 7pm Mondays 6pm	1-800-240-0276 24 hour helpline Helpline: 800/240-0276
Overeaters Anonymous	St. Clare Hospital-Baraboo	Tuesdays 7-8:30pm	Leopold or Ringling room

St. Clare Hospital and Health Services:

DAYS	TIMES	MEETING NAMES	ROOM
Sunday	10:00 a.m.-12n.	Narcotics Anonymous	St. Clare Hospital lower level HoChunk room
	6:00-7:30 p.m.		St. Clare Center 1510 Jefferson St.
	7:00-8:00 p.m.	Alcoholics Anonymous	St. Paul's Lutheran Church, 727 8th St. Baraboo
Monday	7:30 p.m. – 8:30 p.m.	Al Anon	St. Clare Center 1510 Jefferson St.
Tuesday	7:00 p.m. – 8:00 p.m.	Alcoholics Anonymous	St. Paul's Lutheran Church, 727 8th St. Baraboo
	7:00 p.m. – 8:00 p.m.	Overeaters Anonymous	HoChunk Room Lynn @ 643-6713
Wednesday	7:30 p.m.-8:30 p.m.	Gamblers Anonymous	Ho-Chunk
	7:00 p.m.-8:00 p.m.	Narcotics Anonymous	Unity Church, Wisconsin Dells
Saturday	12:00 n – 1:00 p.m.	Narcotics Anonymous	St. Clare Hospital Ho-Chunk Rm
	Every 3rd Saturday-NA speaker & potluck 6-8 p.m.	Narcotics Anonymous	St. Clare Hospital lower level
	9:00 a.m. – 10:00 a.m.	Alcoholics Anonymous	St. Clare Hospital Second floor South conference rooms
	6:00-9:00 p.m.	Alcoholics Anonymous	Ringling Room

Gamblers Anonymous Anon Contact: John and Alice @ 356-7066

Crisis Line:

Alcohol and Other Drug Abuse: St. Clare Center: 1800-433-2688



Sauk/Columbia Area
SUPPORT
GROUPS
And
Community Resources

For additional information, contact:

Cathy Schmitz Couillard @ 608/356-1586

St. Clare Hospital and Health Services, Baraboo

Updated 5/10